

## WEEKLY OFFICE UPDATE: JUNE 26TH



**J. T. FOSTER SCHOOL**

**MONTH:** June

**YEAR:** 2020

### *From the Principal's Office: ([doucetr@lrsd.ab.ca](mailto:doucetr@lrsd.ab.ca))*

The school mailed Report Cards on Wednesday, June 24. With the report card, we included next year's timetables. Students will have the opportunity to fill their schedules with options classes at the start of the new school year. Students will notice some empty spots; these are for options in most cases. Please remember that schedules are always subject to changes in the fall (possibly more than ever this year). As well, we will explore some alternatives that may be necessary if directed by the Chief Medical Officer.

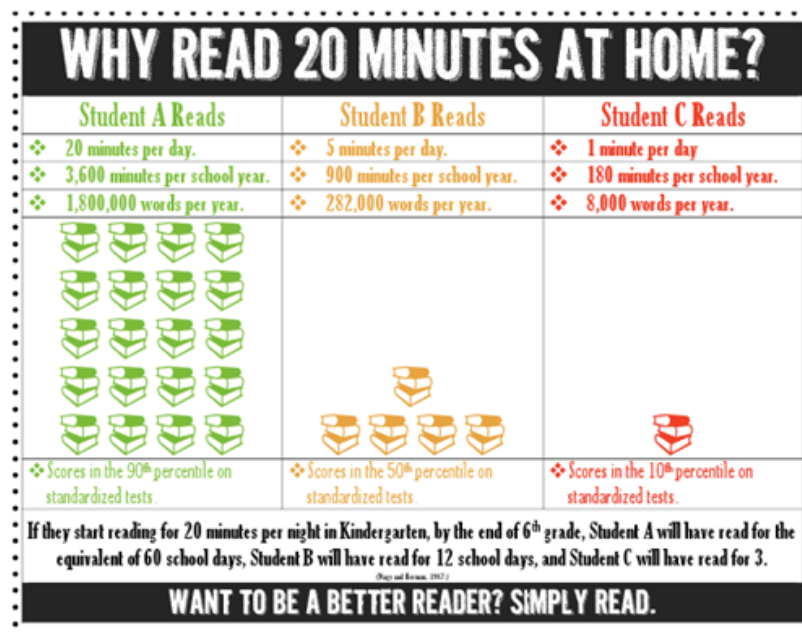
We expect the provincial government to make a final decision regarding schools by August 1. As soon as the government makes the decision, Mr. Gamache and I will be back in the school making all the necessary arrangements. We know the situation has caused tremendous anxiety and stress for families in regards to their child's education. Please reach out to me, even the summer, if you have any questions or comments.

I hope everyone has time to enjoy the beautiful weather with their families. I am already excited and hopeful for children to return to school and some normalcy.

Have a great summer!

Please feel free to email us anytime at [s-jtfoser@lrsd.ab.ca](mailto:s-jtfoser@lrsd.ab.ca) if you have any questions or comments.

Roger



## Work Experience

Are you a high school student with a summer job? You COULD receive work experience credits if the off campus coordinator is able to visit you and your supervisor at your job site.

Please get in touch with Mr. Charchun to see if this is possible for you!--

Robert Charchun - Off Campus Coordinator - [charchunr@lrsd.ab.ca](mailto:charchunr@lrsd.ab.ca) - 403-682-9881

## Weekly Update Readership

Do you read these updates? If so please respond to the email you received with this download or shoot us a fresh email at [s-jtfoster@lrsd.ab.ca](mailto:s-jtfoster@lrsd.ab.ca)!

## COVID-19 Testing

Alberta has one of the highest testing rates in the world. Our testing approach will evolve as we learn more about the virus and testing technologies improve.

We have expanded our testing to:

- trace the spread of the virus so we can identify steps to limit further spread
- determine how well our public health measures are working
- get a point-in-time assessment of the prevalence of COVID-19 in Alberta
- inform decisions to move to the next stage of [Alberta's relaunch strategy](#)

### Who can be tested

Any person who wants to be tested can now be tested, even if they don't have symptoms.

The following groups will continue to receive priority for testing:

- any person exhibiting any [symptom of COVID-19](#)
- all close contacts of confirmed COVID-19 cases
- all workers and/or residents at specific outbreak sites
- all workers and residents at long-term care and level 4 supportive living facilities
- all patients admitted to continuing care or transferred between continuing care and hospital settings

### How to get tested

Book a testing appointment online with the AHS assessment tool, or call Health Link 811 for assistance.

[Take the COVID-19 assessment / Book a test](#)

Health care, shelter and enforcement personnel

While all Albertans are currently eligible for testing, the following flowchart and online assessment tool are available to guide you:

- [COVID-19 online self-assessment for health care and shelter workers, enforcement personnel and first responders](#)
- [COVID-19 assessment flowchart](#) (PDF, 47 KB)

### Symptoms

You should get tested if you have any COVID-19 symptom.

If you have any these symptoms you are [legally required to isolate for at least 10 days](#) from the start of your symptoms or until they resolve, whichever is longer:

- Fever
- Cough (new cough or worsening chronic cough)
- Shortness of breath or difficulty breathing (new or worsening)
- Runny nose
- Sore throat

If you have any of these other symptoms, stay home and minimize your contact with others until your symptoms resolve:

- Chills
- Painful swallowing
- Stuffy nose
- Headache
- Muscle or joint aches
- Feeling unwell, fatigue or severe exhaustion
- Gastrointestinal symptoms (nausea, vomiting, diarrhea or unexplained loss of appetite)
- Loss of sense of smell or taste
- Conjunctivitis, commonly known as pink eye

Monitor your health and call [Health Link 811](#) if you have questions or concerns. Call 911 immediately if experiencing severe symptoms of COVID-19, including difficulty breathing, severe chest pain, feelings of confusion or loss of consciousness.

### Help prevent the spread

You're also encouraged to download and use the [ABTraceTogether mobile contact tracing app](#) when out in public.

This voluntary app helps let you know if you've been exposed to COVID-19 – or if you've exposed others – while protecting your privacy.

See other ways to [help prevent the spread](#).

Gennessie won the girls cutting at the provincial High School Rodeo finals, congratulations!



Queen Bee our adopted queen bee from Bee My Honey is doing well with her hive! She is part of the Environmental Stewardship course with Mrs. Baxter.

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#### Our Mission:

- To create lifelong engaged learners.
- To inspire excellence in leadership, academics, athletics, and fine arts.
- To develop critical thinkers, problem solvers, and ethically responsible citizens.

#### Our Vision:

- **People:** Be a great place to learn, be inspired, and self-discovery.
- **Planet:** Be a responsible and ethical citizen in a local and global world.
- **Community:** To create a dynamic engaged community that includes the arts, athletics, and respects the agricultural roots and traditions of our community in order to nurture creativity and lifelong learning.