



## WEEKLY OFFICE UPDATE: SEPT. 3RD



**J. T. FOSTER SCHOOL**

**MONTH:** September **YEAR:** 2020

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### ***From the Principal's Office: ([doucetr@lrzd.ab.ca](mailto:doucetr@lrzd.ab.ca))***

It was wonderful to welcome students back into the building this week after an extra-long break from in-person school classes (a virtual welcome back to our At Home Learners)!

To reenter schools during the COVID pandemic, we have worked to set up the school in such a way that keeps everyone safe. Here are a few items to be aware of:

- Guardians are responsible for going through the [COVID-19 AB Health Daily Checklist](#) for their children before sending student(s) to school.
- A quick reference guide from LRSD with regards to personal health and what to do is at the bottom of this communication for your reference/convenience.
- Mask use is mandatory as per the order of the chief medical officer and the Minister of Education.
- Two reusable masks supplied by the AB Government have been distributed to each student attending school classes. If your student was missed, please have them stop by the office to pick them up. The school also has disposable masks available. Students can also supply their own.
- All visitors to the school must wear a mask and sanitize on entry.

There have been rumours that have been brought to our attention about LRSD using "Foggers" to clean the school. We are not using foggers at this time. While these devices were ordered, there is currently no plan on how they will be used in our school. They are now on backorder. When they arrive, we will consult with the school council on if and how this device could be used.

Papers are being sent home with each student today as follows:

- Demographic Update Form returning this form is more important than ever due to COVID-19. Please pay special attention to the student health and contact fields so that we have the most up to date information for your household.
- School Picture Information sheet for THIS TUESDAY!
- Grade 10's have a Network Acknowledgement of Risk form. If it is not completed

and returned, the student will lose email/computer use.

- Acknowledgement of Risk Form for In Town Field Trips (also attached to the email sending this out) to cover all in-town field trips (i.e. Terry Fox run, walks downtown, etc.). This process saves families from doing a new form for every in-town field trip. Please submit them to the office digitally or in paper form.

Timetables: We continue to make timetable changes due to COVID-19. We are working on further enhancements to the grade 11 and 12 schedules.

- We are pleased to announce that we are accepting registrations to Junior High band as well as Instrumental Music 15, 25, and 35. Please have your student let the office know if they are interested in signing up.
- We are currently looking to add foods and shop to both Junior and Senior High. An update on this will be sent out as soon as we can.
- Grade 11s and 12s do not have assigned lunch break. We have made arrangements for a lunch break for students in Physics 20 Monday-Thursday from 12:05-12:35.
- Thursday, **September 24th is the Add/Drop course deadline for Sr High Students.**

All students enjoy the day off **Monday for Labour Day and Friday, September 25th**, while staff collaborate! Please do not hesitate to reach out with any questions or concerns; we will do our very best to respond. Our main address is [s-jtfoster@lrsd.ab.ca](mailto:s-jtfoster@lrsd.ab.ca). Have a great Long Weekend.

Roger



## Online Progress Reports Are Always Available!

Parents/Guardians, please contact the office to set up your “Parent Internet Viewer” for real-time updates. There is a Quick Link on the homepage of our website to take you there and our office staff are always willing to assist you in how to use this feature!

# J. T. Foster School

## Bell Times 2020 – 2021

**Periods = 50 minutes (45 minutes on Fridays)**  
**Staggered Lunch Breaks over Periods 4, 5 & 6 (see your personal timetable)**



Monday – Thursday		
Warning Bell	8:40	
Period 1	8:45	9:35
Period 2	9:35	10:25
Period 3	10:25	11:15
Period 4	11:15	12:05
Period 5	12:05	12:55
Period 6	12:55	1:45
Period 7	1:45	2:35
Period 8	2:35	3:25

Friday		
Warning Bell	8:40	
Period 1	8:45	9:30
Period 2	9:30	10:15
Period 3	10:15	11:00
Period 4	11:00	11:45
Period 5	11:45	12:30
Period 6	12:30	1:15

## School Pictures

*Picture Day is coming Tuesday, September 8 .*

*While Picture Day may look different this year, your safety remains our priority. Lifetouch has implemented comprehensive Picture Day safety protocols.*



*After Picture Day, order pictures on [mylifetouch.ca](http://mylifetouch.ca) using your Portrait ID and Access Code which can be found on your Picture Day order form.*

## School Council

Since school looks very different this year, we thought we would hold an informal meeting soon after school starts. Mr. Doucet will give his report and then answer any questions parents may have. Although questions will be allowed during the meeting, we would appreciate it if you could forward them beforehand to keep the meeting efficient. You may forward questions to this email or to Mr. Doucet at [doucetr@lrsd.ab.ca](mailto:doucetr@lrsd.ab.ca).

We would like to host our first parent council meeting on Tuesday September 15th at 6pm. This will be an in person (we can accommodate 20 people) and also via Zoom. If you are wanting to attend in person, please send me a message so we can be sure to stay within the parameters.

The link to Zoom is:

<https://us02web.zoom.us/j/4033369697?pwd=ZkJaRkNBdWJMcXdwNXN3US9FcZFYdz09>

Topic: September JT Foster Parent Council, Time: Sep 15, 2020 18:00 Edmonton, Join Zoom Meeting ID: 403 336 9697, Passcode: 165845

Please pass this email on to anyone you think may be interested!

Morgan Dozeman, Chair J.T. Foster Parent Council

## At Home Learning

Teachers are making contact with their students. Thank you for your patience as we create this option for our community. We focused on core subjects first. For those in High school, we will be reaching out soon as well to help sign up with some option courses. Please reach out to us at [s-jtfoster@lrsd.ab.ca](mailto:s-jtfoster@lrsd.ab.ca) if you need assistance.

## Family School Liaison Counsellor

Welcome to September students and families! I am so excited to have students filling the hallway with chatter and laughter again. As the FSLC at J.T. Foster, I strive to teach and maintain healthy relationships with each student and support them in having a positive experience while they attend JTF. I am also here as a resource to parents to help with referrals and as a support. Please don't hesitate to reach out!

Angie Conway, [conwaya@lrsd.ca](mailto:conwaya@lrsd.ca), 403-646-2264

## Learning Support Team

Our Learning Support Team practices a collaborative team approach to meet the needs of all students within J.T. Foster High School. Leading this team is our Assistant Principal, Joel Gamache [gamachej@lrsd.ab.ca](mailto:gamachej@lrsd.ab.ca), Family School Liaison Counsellor and Teachers. We are eager to help students learn best and prepare them for success in High School and thereafter!



## Career Services

Welcome back, students! I am excited to be part of your career development activities for the 2020-2021 school year.

Please email [croskeryl@lrsd.ab.ca](mailto:croskeryl@lrsd.ab.ca), text or call 403-915-0781 me and we can start the process of working together to help you identify and research some possible careers. Need a part time job or volunteer position to gain experience? I can help with that too! Want to start identifying scholarships and other ways to pay for further education? No problem, I have tons experience working on those things as well.

Check out my newly developed [list of Post-Secondary fall events](#) (sadly, no “real life” Open Houses but lots of other cool opportunities to connect!).

Let me leave you with this local job opportunity; Nanton Tim Hortons positions are available for evenings and weekends, full- or part-time. If interested, please visit in-store with your resumé and complete an application.



## Work Experience

Are you a high school student with a summer job? You COULD receive work experience credits if the off campus coordinator is able to visit you and your supervisor at your job site.

Please get in touch with Mr. Charchun to see if this is possible for you!

Robert Charchun - Off Campus Coordinator - charchunr@lrsd.ab.ca - 403-682-9881

### Think of us... on the Yellow Bus!!!



Use caution and be alert when driving near buses and in school zones.

Watch out for alternating flashing amber lights, which means a school bus is slowing to stop where students will either be getting on or off the bus.

Slow down and stop when the school bus activates its alternately flashing red lights. This means you must stop whether you are approaching an oncoming bus or following one. The only exception to this rule is when the bus is on the opposite side of a two-way highway that is physically divided by a median.

- ~Proceed only when the red lights on the bus have stopped flashing.
- ~Watch for school buses loading and unloading children, even if the lights aren't flashing.
- ~Be on the lookout for children crossing the road.

When travelling in school zones, drivers must pay attention to the posted signs. The speed for both urban and rural schools zones is 30 km/h unless otherwise posted. These limits are in effect on school days from 8 a.m.-9:30 a.m.; 11:30 a.m.-1:30 p.m. and 3 p.m.-4:30 p.m. The fine for passing a school bus with its red lights flashing is \$402 and six demerit points.



*Livingstone Range*  
SCHOOL DIVISION Nº 68



## COVID-19 Quick Reference

### Symptoms

You should [get](#) tested if you have any COVID-19 symptom.

If you have any [these](#) symptoms you are [legally required to isolate for at least 10 days](#) from the start of your symptoms or until they resolve, whichever is longer:

- Fever
- Cough (new cough or worsening chronic cough)
- Shortness of breath or difficulty breathing (new or worsening)
- Runny nose
- Sore throat

If you have any of these other symptoms, stay home and minimize your contact with others until your symptoms resolve:

- Chills
- Painful swallowing
- Stuffy nose
- Headache
- Muscle or joint aches
- Feeling unwell, fatigue or severe exhaustion
- Gastrointestinal symptoms (nausea, vomiting, diarrhea or unexplained loss of appetite)
- Loss of sense of smell or taste
- Conjunctivitis, commonly known as pink eye

Monitor your health and call [Health Link 811](#) if you have questions or concerns. Call 911 immediately if experiencing severe symptoms of COVID-19, including difficulty breathing, severe chest pain, feelings of confusion or loss of consciousness.

### Mandatory isolation

#### **Albertans with symptoms**

- You are legally required to [isolate](#) for a minimum of **10 days** if you have a cough, fever, shortness of breath, runny nose, or sore throat that [is not related](#) to a pre-existing illness or health condition.
- The mandatory isolation period is 10 days from the start of symptoms, or until symptoms resolve, whichever takes longer.

#### **Tested positive for COVID-19**

- You are legally required to [isolate](#) for a minimum of **10 days** if you have tested positive for COVID-19.
- Isolation period is for 10 days from the start of symptoms, or until symptoms resolve, whichever takes longer.

#### **Have symptoms but tested negative for COVID-19**

- If you tested negative and have known exposure to COVID-19, you are legally required to [isolate](#) for **14 days**.
- If you tested negative and have no known exposure to the virus, you are not legally required to isolate. However, it is important to stay home until your symptoms resolve so that you do not infect others.

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#### Our Mission:

- To create lifelong engaged learners.
- To inspire excellence in leadership, academics, athletics, and fine arts.
- To develop critical thinkers, problem solvers, and ethically responsible citizens.

#### Our Vision:

- **People:** Be a great place to learn, be inspired, and self-discovery.
- **Planet:** Be a responsible and ethical citizen in a local and global world.
- **Community:** To create a dynamic engaged community that includes the arts, athletics, and respects the agricultural roots and traditions of our community in order to nurture creativity and lifelong learning.