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September 11, 2020

From the Principal's Office: (doucetr@lrsd.ab.ca)

This week has been a busy week at our school. As we press on, we continue to add the complementary courses back into our school. Last week we announced that we are ready to proceed with Band. Mr. Henning will reach out to those that have signed up in the next week or so. If your child is interested in Band, please encourage them to stop by the office or send us an email. This week we are ready for Foods classes for a few junior high classes. This week, we hope to start some Art as well for some grades. We will continue to tweak our timetable and continue to add as many of our complimentary courses as we can.

Our Queens Ball had to be postponed, but the committee is working on contingency plans. The students have come up with the following consensus:

1. If possible, a ball in the spring (Possible in May with practices starting in February)
2. If option one doesn't work out - then see if it can be moved to a community event (either in the spring or summer so that it can be held outside and allow more options with practices, etc.)
3. If both option 1 and 2 don't work, having two balls next fall on separate weekends, and having two sets of royalty.

Please know we intend to proceed with Queens Ball in some form. Cancellation will only be considered as a final and last resort.

Just a reminder that parents and guardians are responsible for going through the COVID-19 AB Health Daily Checklist for their children before sending student(s) to school. If a child is unable to attend school, teachers are prepared to ensure that the student stays caught up in their learnings. Teachers have some online presence. Ask your child to contact their teachers for instructions on how to proceed with the classes if absent.

Our Mission:

- To create lifelong engaged learners.
- To inspire excellence in leadership, academics, athletics, and fine arts.
- To develop critical thinkers, problem solvers, and ethically responsible citizens.

Our Vision:

- People: Be a great place to learn, be inspired, and self-discovery.
- Planet: Be a responsible and ethical citizen in a local and global world.
- Community: To create a dynamic engaged community that includes the arts, athletics, and respects the agricultural roots and traditions of our community in order to nurture creativity and lifelong learning.

Thursday, September 24th, is the Add/Drop course deadline for Sr. High Students. Friday, September 25th is our first staff planning and collaboration day (PD day). Thus there is no school for students.

Please do not hesitate to reach out with any questions or concerns; we will do our very best to respond. Our main address is s-jtfoster@lrsd.ab.ca

Roger



Online Progress Reports Are Always Available!

Parents/Guardians, please contact the office to set up your “Parent Internet Viewer” for real-time updates. There is a Quick Link on the homepage of our website to take you there and our office staff are always willing to assist you in how to use this feature!

Grade: 7:

Doucet (Social B): We began looking at North American life before the arrival of Europeans. Grade 7s have a poster that they have been working on for the past few days. This is now homework if it is not finished and is due next Friday. Monday we will begin our unit on European Explorers.

Gammie (PE): Students are demonstrating GLO B functional fitness while participating in callisthenics. In addition, students are performing fitness tests assessing six components of fitness. Physical Education resources for PE 7A can be found on Google Classroom using class code: j43tq7q & 7B 2q4xc4w.

Hatch (Science): Thus far in science, the 7's have begun their examination of biotic and abiotic factors within their local ecosystems. As the notes for each section have been broken into 4 sections, students can expect to have 2 small quizzes a month, generally 2 weeks apart. The first quiz will occur on this Friday (Sept 11). Also due this day is the title page and section 1 on the student's brochure. The full explanation and rubric for these assignments can be found in the syllabus, as well as posted on the Google Classroom.

Howard (Math): We started the year by playing some math games to get back into the swing of things. Practicing factors and multiplying are skills used in any level of math. Students then started their first unit: Integer Operations. All notes are posted daily for student reference in Google Classroom. Code for Math 7A is jnmcak and Math 7B is gntytrp. Please let me know if you ever need extra help. I can be available before or after school when scheduled.

Grade 8:

Baxter (ELA A & B): The students are reviewing Stylistic Techniques by composing a short story that begins with a “hook” and keeps the reader asking questions. Reading for 20 minutes/day has started and students' 1st Reading Logs are due Monday, Sept. 14/20.

Gammie (PE): Students are demonstrating GLO B functional fitness while participating in callisthenics. In addition, students are performing fitness tests assessing six components of fitness. Physical Education resources for PE 8A can be found on Google Classroom using class code: fmla4bj & 8B bhiffe3.

Hatch (Science): Please note that the grade 8-year plan (found in the syllabus and the Google Classroom) has been altered to accommodate the students' desire to participate in the cardboard boat races that have been tentatively rescheduled to April. Instead, the students will be examining Fresh and Saltwater Systems. The grade 8's have started the year with a poster assignment showcasing their knowledge of the water cycle. This assignment was due on Thursday (Sept 10), and we will be having our first quiz on this upcoming Tuesday (Sept 15). Please note that the title page and section 1 notes will also be due this day. Further explanation and rubrics for these assignments may be found in the syllabus provided, as well as on the Google Classroom.

Howard (Math): Students started the year by playing some math games to get back into the swing of things. Practicing factors and multiplying are skills used in any level of math. Students then started their first unit: Squaring and Square Roots. These are new operations to the Grade 8's and will be built upon next year as well. All notes are posted daily for student reference in Google Classroom. The code for Math 8A is 4vbfqde and Math 8B is dzpzmvs. Please let me know if you ever need extra help. I can be available before or after school when scheduled.

Grade 9:

Baxter (ELA A & B): The students are reviewing Stylistic Techniques by composing a short story that begins with a “hook” and keeps the reader asking questions. Reading for 20 minutes/day has started and students' 1st Reading Logs are due Monday, Sept. 14/20.

Anderson (Science A & B): Students are learning about Unit A “Biological Diversity.” Lab activity #1 (Histogram Assignment) due on Tues. Sept. 15th. See Google Classroom (Code **advlnt**) for all posted materials.

Gammie (PE): Students are demonstrating GLO B functional fitness while participating in callisthenics. In addition, students are performing fitness tests assessing six components of fitness. Physical Education resources for PE 9A can be found on Google Classroom using class code: grvbzvw & 9B zu6q77a.

Grade 10:

Anderson (Science 10): Students are learning about the Rules of Significant Digits, Lab Safety and Unit A “Energy and Matter in Chemical Change.” See Google Classroom (Code **vcrrd6d**) for all posted material

Doucet (Financial Management): We are working on creating a budget. As a first step students have been researching what it costs to live on your own. Students have had to find an apartment and research what are the essentials items to have in the apartment, This coming up week we will continue with a grocery shopping assignment as well as a furniture assignment. The idea is for students to have a better understanding of how much things costs and what choices individuals have to make continually.

Doucet (Social 10): We are continuing our look at how globalization shape identity. We finished our first chapter and will begin looking at impacts of technology next week. Tests occur weekly on thursdays. all content for the course is posted on the google classroom.

Howard (PE 10): Students began the year with a perfect activity to encourage social distancing and stress mitigation: yoga. We have also begun fitness testing, including the 12-minute run (Cooper Test), agility, flexibility, vertical reach, and strength testing in the form of pull ups. We will continue with yoga after our fitness testing is complete.

Grade 11:

Anderson (Physics 20): Students are learning about Unit A "Kinematics." Lab activity #1 (Uniform and Non-uniform Motion Assignment) due Thurs. Sept. 17th. See Google Classroom (Code **psndofm**) for all posted materials.

Gamache (Science 24): Students are focusing on at home chemistry and discussing common household uses.

Grade 12:

Anderson (Biology 30): Students are learning about Unit A "Nervous & Endocrine Systems." Lab activity #1 (Reflex Arc Assignment) due Wed. Sept. 9th. See Google Classroom (Code **yi3b7mc**) for all posted materials.

From our Learning Support Teacher

Our Individual Support Plan (ISP and IPP) conversations are underway and looking forward to working with teachers and parents to support our students. Please reach out to Mr. Gamache, gamachej@lrsd.ab.ca if you have questions or concerns.

From the desk of our FSLC:

Just a reminder that I am here from Monday - Thursday during school hours. You can call the school to reach me or email me at conwaya@lrsd.ab.ca.

From the desk of our Career Practitioner:

Our Career Practitioner, Lettie Croskery, is off campus until September 29 while she recovers from ankle surgery. In the meantime, Lettie is available to 'virtually' meet with and speak to our students on a part time basis while working from home. GRADE 12s! Please book your individual appointment with Lettie NOW to get organized with your plans following high school graduation! You can text/call Lettie at 403-915-0781 or email her at croskeryl@lrsd.ab.ca **Check out the [Career Services](#) pages of our school website for updated information about [fall post-secondary events](#) and [scholarships](#).**

J. T. Foster School

Bell Times 2020 – 2021

Periods = 50 minutes (45 minutes on Fridays)
 Staggered Lunch Breaks over Periods 4, 5 & 6 (see your personal timetable)



Monday – Thursday		
Warning Bell	8:40	
Period 1	8:45	9:35
Period 2	9:35	10:25
Period 3	10:25	11:15
Period 4	11:15	12:05
Period 5	12:05	12:55
Period 6	12:55	1:45
Period 7	1:45	2:35
Period 8	2:35	3:25

Friday		
Warning Bell	8:40	
Period 1	8:45	9:30
Period 2	9:30	10:15
Period 3	10:15	11:00
Period 4	11:00	11:45
Period 5	11:45	12:30
Period 6	12:30	1:15

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