Dear Parents/ Guardians of **Grade 10** students;

In an effort to help you prepare for the 2025-2026 school year we would like to provide you with some information regarding your student's timetable.

Our goal at J.T. Foster is for all grade 10 students to earn a total of at least <u>40 credits</u> by the end of their grade 10 year. This will allow them the opportunity to have more flexibility in their grade 11 and 12 years as they track toward graduation.

All core classes will be offered on site at J.T. Foster.

Semester 1

| Monday-Thursday | Friday |
|---|--|
| 8:43-10:13am Science 10 or 14* | 8:43-9:34 Science 10 or 14* |
| Break 10:13-10:18am | 9:34-10:25 English Language Arts 10 |
| 10:18-11:48am English Language Arts 10 | 10:25-11:16 Option** |
| Lunch 11:48am-12:26pm | 11:16-12:07 Math 15 or 10-3*** |
| 12:26-1:56 pm Option** | 12:07-12:29 Lunch |
| Break 1:56-2:00pm | 12:29-1:20 Learning Hub |
| 2:00-3:30pm Math 15 or 10-3*** | |

*Students may choose between **Science 10** and **Science 14**. Science 10 is a pathway to Biology 20, Chemistry 20 and Physics 20. It is a sound option for students who **a**) have a post secondary plan that requires these courses and **b**) have achieved an acceptable grade in Grade 9 science. Science 14 is a sound option for students who found Science 9 to be more challenging. The Science 14 pathway toward Science 24, which would also satisfy provincial graduation requirements.



**Options include Construction, Foods, Band, and Art. Additionally, we are working on more course offerings and will update in August. Band will be offered at the Bomber Command Museum. LRSD Transportation to the Bomber Command Museum will be provided.

***Students entering Math 10C have consistently shared that the transition from Grade 9 math can be particularly challenging. In response, and in collaboration with other schools across the province, we are introducing a locally developed course—Math 15—designed specifically to bridge the gap between Grade 9 Math and Math 10C. This course aims to provide students with the foundational skills and confidence needed for success in Math 10C. We are excited to offer Math 15 for the first time this year and look forward to evaluating its impact as we consider continuing the program in the future.

Math 10-3 is a great option for students who took K&E Math 9, or who know they do not need a 30 level math for their university requirements.

Semester 2

| Monday-Thursday | Friday |
|---|---|
| 8:43-10:13am Math 10C Or Science 24* | 8:43-9:34 Math 10C or Science 24* |
| Break 10:13-10:18am | 9:34-10:25 Social Studies 10 |
| 10:18-11:48am Social Studies 10 | 10:25-11:16 Option** |
| Lunch 11:48am-12:26pm | 11:16-12:07 CALM/ Physical Education*** |
| 12:26–1:56 pm Option** | 12:07-12:29 Lunch |
| Break 1:56-2:00pm | 12:29-1:20 Learning Hub**** |
| 2:00-3:30pm CALM/ PHYS ED *** | |



*Math 10C is offered to anyone in grade 10 who has not yet taken a grade 10 level math (Math 10-3 in semester 1, for example). Science 24 is available to those students who took Science 14 in semester 1.

**Options will include Construction, Foods, Band and Art. Additionally, we are working on more course offerings and will update in August. Band will be offered at the Bomber Command Museum. Transportation to the Bomber Command Museum will be provided.

***Calm (Career and Life Management) is required for graduation and will be offered during Quarter 3, Phys Ed 10 is also required for graduation and will be offered during Quarter 4.

****The Learning hub is a supervised block for students to work on coursework as they see fit.

Athletics

J.T. Foster remains dedicated to offering strong athletic programming for the 2025–26 school year. We are currently accepting <u>coaching applications</u> to support next year's sports teams and encourage all students to get involved in volleyball, basketball, badminton, track and field, and baseball. While our gymnasium will see increased demand for after-school events next year, school-based athletics will continue to take priority over regularly scheduled community programming.

Please refer to this document for information about graduation requirements.

We look forward to seeing you next year,

Jason MacDonald, Principal

Jillian Spencer, Assistant Principal

